

CLASS 1 + 2

NURSERY

2024 – 25

PE CURRICULUM MAP

CLASS 1 AND 2 (NURSERY) 2024 – 25	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
FMS SKILLS COVERED IN UNIT 1	<u>ELMER</u> Jump Throw overarm Catch Run Hop	<u>TRANSPORT</u> Jump Throw overarm Catch Run Hop	<u>ROSIE'S WALK</u> Jump Throw overarm Catch Run Hop	<u>SUPERWORM</u> Jump Throw overarm Catch Run Hop	<u>DANCE – NURSERY RHYMES</u> Explore basic body actions and use different parts of the body to make movements. Create repeated short sequences inspired by different nursery rhymes. To think about how to use movement to explore and communicate ideas, issues and their own feelings and thoughts.	<u>MINIBEASTS</u> Jump Throw overarm Catch Run Hop
FMS SKILLS COVERED IN UNIT 2	<u>UNDER THE SEA – PIPPA AND EDDIE</u> Jumping Leaping Hopping Bouncing Throwing Dodging Starting and Stopping Balancing Running Catching Kicking Striking Leaping Bending and Stretching Galloping Rolling	<u>EMERGENCY SERVICES – PIPPA AND EDDIE</u> Bending and Stretching Catching Twisting and Turning Running Balancing Bouncing Dodging Starting and Stopping Throwing Ball rolling Jumping Rolling	<u>FANTASY FAIRY TALES – PIPPA AND EDDIE</u> Running Jumping Balancing Twisting and Turning Bending and Stretching Throwing Ball rolling Catching Galloping	<u>PIRATES – PIPPA AND EDDIE</u> Twisting and Turning Running Jumping Balancing Throwing Catching Kicking Rolling Bending and Stretching	<u>A DAY AT THE ZOO – PIPPA AND EDDIE</u> Twisting and Turning Running Jumping Balancing Throwing Ball rolling Dodging Leaping Bouncing Bending and Stretching Galloping Catching Striking Kicking	<u>A DAY AT THE FARM – PIPPA AND EDDIE</u> Jumping Leaping Bouncing Hopping Bending and Stretching Rolling Balancing Throwing Catching Ball rolling Running Twisting and Turning Dodging
UNIT ONE LESSON 1 OBJECTIVE	To make a range of shapes on small body parts. To travel in a range of ways to negotiate space successfully.	To perform the basic skill of jumping. To travel in a variety of ways low to the ground.	To jump and land appropriately.	To perform the basic skill of jumping. To travel in a variety of ways low to the ground.	To move safely in space taking care of ourselves and others (heads up, eyes forward and control speeds). To use a mind map to help us move like different	To perform the basic skill of jumping. To travel over, under and through climbing equipment.

					nursery rhymes that we know.	
DEVELOPING SKILLS	To jump and land safely.	To jump and land safely. To hop on left foot. To hop on right foot. To travel on hands and feet.	To jump and land safely. To hop on left foot. To hop on right foot.	To jump and land safely. To hop on left foot. To hop on right foot. To travel on hands and feet.	Use my body and create simple theme related shapes, movements and actions. Move safely in a space taking care of themselves and others.	To throw underarm. To jump and land safely.
APPLICATION OF SKILLS	To carry equipment safely.	To carry equipment safely. To explore different ways of travelling using equipment and apparatus.	To explore different ways of travelling. To explore different ways of travelling using equipment and apparatus.	To carry equipment safely. To explore different ways of travelling using equipment and apparatus.	N/A	To combine travelling using apparatus.
CHARACTER DEVELOPMENT	N/A	N/A	N/A	N/A	Contribute simple key words to the theme related mind map. Translate ideas into simple shapes, movements and actions.	To be willing to keep trying to improve.
UNIT ONE LESSON 2 OBJECTIVE	To throw with increasing accuracy underarm. To throw overarm for distance.	To travel around the space hopping and skipping.	To experiment with different ways of travelling; shuffling, running, jumping, skipping, sliding and hopping.	To travel around the space hopping and skipping.	To listen carefully to nursery rhymes and be creative with our movements. To move safely in space taking care of ourselves and others (heads up, eyes forward and control speeds).	To travel over, under and through balance and climbing equipment.
DEVELOPING SKILLS	To throw underarm To throw overarm.	To throw overarm. To jump and land safely. To hop on left foot. To hop on right foot. To catch a large ball.	To jump and land safely. To hop on left foot. To hop on right foot. To jump for distance.	To throw overarm. To jump and land safely. To hop on left foot. To hop on right foot. To catch a large ball.	Be creative in movements and travel. Use my body and create simple theme related shapes, movements and feelings. Move safely in a space taking care of themselves and others.	To jump and land safely. To catch a large ball.
APPLICATION OF SKILLS	To carry equipment safely.	To carry equipment safely.	To explore different ways of travelling. To explore different ways of travelling using equipment and apparatus.	To carry equipment safely.	Can use teacher feedback to improve performance.	To combine travelling using apparatus.
CHARACTER DEVELOPMENT	To work with a partner.	N/A	N/A	N/A	Listen carefully to the theme and can begin to be creative with movements.	To be willing to keep trying to improve.

					Use words from a song or poem to create shapes, movements and feelings.	
UNIT ONE LESSON 3 OBJECTIVE	To perform a range of gymnastic rolls. To move freely and with confidence when rolling.	To catch a large ball.	To experiment with different ways of travelling; shuffling, running, jumping, skipping, sliding and hopping.	To catch a large ball.	To show use of different levels in our travelling movements. To be creative in our use of travelling movements. To move safely in space taking care of ourselves and others (heads up, eyes forward and control speeds).	To catch a large sponge ball.
DEVELOPING SKILLS	To perform a pencil roll. To perform an egg roll.	To throw overarm. To jump and land safely. To hop on left foot. To hop on right foot. To catch a large ball.	To jump and land safely. To hop on left foot. To hop on right foot. To jump for distance.	To throw overarm. To jump and land safely. To hop on left foot. To hop on right foot. To catch a large ball.	Move safely in a space taking care of themselves and others. Begin to show different levels during travel.	To throw underarm. To jump and land safely. To catch a large ball.
APPLICATION OF SKILLS	To carry equipment safely.	To carry equipment safely.	To explore different ways of travelling. To explore different ways of travelling using equipment and apparatus.	To carry equipment safely.	Can use teacher feedback to improve performance. Confident to speak to others about their own wants, needs and opinions.	To combine travelling using apparatus.
CHARACTER DEVELOPMENT	N/A	N/A	N/A	N/A	Listen carefully to the theme and can begin to be creative with movements.	To be willing to keep trying to improve.
UNIT ONE LESSON 4 OBJECTIVE	To perform a range of gymnastic jumps. To balance on one leg. To balance on a range of small body parts.	To travel under, over and through balancing and climbing equipment.	To climb under, over and through climbing equipment.	To travel under, over and through balancing and climbing equipment.	To work well in pairs showing good listening. To use the pictures to come up with creative and imaginative actions. Teacher led stretches to encourage flexibility, extension, posture and balance.	To catch with increasing accuracy.
DEVELOPING SKILLS	To jump and land safely. To run fast.	To jump and land safely. To travel on hands and feet.	To throw underarm. To jump and land safely. To throw overarm. To jump for distance.	To jump and land safely. To travel on hands and feet.	Can copy teacher led actions.	To throw underarm. To jump and land safely.
APPLICATION OF SKILLS	To carry equipment safely.	To carry equipment safely. To explore different ways of travelling using equipment and apparatus.	To explore different ways of travelling. To explore different ways of travelling using equipment and apparatus.	To carry equipment safely. To explore different ways of travelling using equipment and apparatus.	Aware of people's feelings when giving and receiving simple feedback. Can progress own ideas when observing others. Can observe others and identify simple movements.	To combine travelling using apparatus.

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					Confident to speak to others about their own wants, needs and opinions.	
CHARACTER DEVELOPMENT	N/A	To climb on a climbing frame with confidence.	To climb on a climbing frame with confidence.	To climb on a climbing frame with confidence.	Knows how to turn what they see into ways of moving.	To be willing to keep trying to improve.
UNIT ONE LESSON 5 OBJECTIVE	To climb with confidence under, over and through different climbing equipment.	To pull themselves up on climbing equipment.	To experiment with different ways of travelling on hands and feet.	To pull themselves up on climbing equipment.	To work well in pairs showing good listening. To use the pictures to come up with creative and imaginative actions. Teacher led stretches to encourage flexibility, extension, posture and balance.	To roll in a variety of ways.
DEVELOPING SKILLS	To jump and land safely. To throw underarm	To jump and land safely. To travel on hands and feet.	To throw underarm. To jump and land safely. To throw overarm. To jump for distance.	To jump and land safely. To travel on hands and feet.	Can copy teacher led actions. Can show simple timing and use of travel.	To perform a pencil roll. To perform an egg roll.
APPLICATION OF SKILLS	To carry equipment safely.	To carry equipment safely. To explore different ways of travelling using equipment and apparatus.	To explore different ways of travelling. To explore different ways of travelling using equipment and apparatus.	To carry equipment safely. To explore different ways of travelling using equipment and apparatus.	Aware of people's feelings when giving and receiving simple feedback. Can progress own ideas when observing others. Confident to speak to others about their own wants, needs and opinions.	To combine travelling using apparatus.
CHARACTER DEVELOPMENT	N/A	To climb on a climbing frame with confidence.	To climb on a climbing frame with confidence.	To climb on a climbing frame with confidence.	Knows how to turn what they see into ways of moving.	To be willing to keep trying to improve.
UNIT ONE LESSON 6 OBJECTIVE		To revise fundamental movement skills covered in the unit.	To revise fundamental movement skills covered in this unit.	To revise fundamental movement skills covered in the unit.	To understand what a good performance is. To give useful feedback to our partner. To improve our own performance based on.	To revise fundamental movement skills covered in this unit.
DEVELOPING SKILLS	To revise fundamental movement skills covered in the unit.	To throw overarm. To jump and land safely. To hop on left foot. To hop on right foot. To catch a large ball. To travel on hands and feet.	To throw underarm. To jump and land safely. To throw overarm. To hop on left foot. To hop on right foot. To jump for distance.	To throw overarm. To jump and land safely. To hop on left foot. To hop on right foot. To catch a large ball. To travel on hands and feet.	Can copy teacher led actions.	To throw underarm. To jump and land safely. To perform a pencil roll. To perform an egg roll. To catch a large ball.
APPLICATION OF SKILLS	To jump and land safely. To throw underarm To throw overarm.	To carry equipment safely.	To explore different ways of travelling.	To carry equipment safely.	To improve their control of their own performance.	To combine travelling using apparatus.

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	To perform a pencil roll. To perform an egg roll. To run fast.	To explore different ways of travelling using equipment and apparatus.	To explore different ways of travelling using equipment and apparatus.	To explore different ways of travelling using equipment and apparatus.	Can observe others and identify simple movements. Aware of people's feelings when giving and receiving simple feedback.	
CHARACTER DEVELOPMENT	To carry equipment safely.	To climb on a climbing frame with confidence.	To climb on a climbing frame with confidence.	To climb on a climbing frame with confidence.	Knows when to start and end a sequence.	To be willing to keep trying to improve.
UNIT TWO WARM UP AIM	To prepare body for physical activity.	To prepare the body for physical activity.	To prepare the body for physical activity.	To prepare the body for physical activity.	To prepare the body for physical activity.	To prepare the body for physical activity.
FUNDAMENTAL MOVEMENT SKILL COVERED	Running Bending Stretching Balancing	Running Bending Stretching Balancing	Running Bending Stretching Balancing	Running Bending Stretching Balancing	Running Bending Stretching Balancing	Running Bending Stretching Balancing
UNIT TWO CHALLENGE AIM	Can the children find their way across an area?	To catch all of the 'robbers'.	To move around avoiding getting tagged.	N/A	N/A	To find a way to move across an area.
FUNDAMENTAL MOVEMENT SKILL COVERED	Jumping Leaping Hopping	Catching Jumping Balancing	Jumping Balancing Running	N/A	N/A	Jumping Leaping Balancing
UNIT TWO CREATE AIM	To move in different creative ways.	To move creatively.	To work together to move towards a target.	To move creatively to music.	To create and copy movements.	To create and copy movements.
FUNDAMENTAL MOVEMENT SKILL COVERED	Leaping Bending Stretching Galoping	Bending Stretching Twisting Turning Balancing	Running Bending Stretching Balancing	Jumping Rolling Twisting Turning	Bouncing Leaping Balancing	Bouncing Leaping Balancing
UNIT TWO CONTROL OBJECTIVE	To balance a bean bag on different parts of their body.	To walk with balance, control and poise.	To balance on different parts of the body.	To walk with balance, control and poise.	To move with control and poise.	To move with control and poise.
FUNDAMENTAL MOVEMENT SKILL COVERED	Starting Stopping Balancing Running	Balance	Balancing Bending Stretching Jumping	Balancing Jumping	Balancing Jumping	Balancing Jumping Rolling
UNIT TWO PARTICIPATE OBJECTIVE	To join in a ring game with others.	To participate in team games, moving safely and negotiating spaces.	To listen and follow instructions.	To join in a parachute game.	To participate in a parachute game.	To manipulate an object successfully.

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FUNDAMENTAL MOVEMENT SKILL COVERED	Stretching Bending Catching Rolling	Running Twisting Turning Dodging	Balancing Bending Stretching Jumping	Balancing Bending Stretching Jumping	Striking Kicking Catching	Bending Catching Twisting Turning Stretching
UNIT TWO WORK TOGETHER OBJECTIVE	To work together to protect their friends.	To work as part of a team.	To work together and move around the area.	To work together and move at the same time.	To work together to carry something.	To work together to tag other children.
FUNDAMENTAL MOVEMENT SKILL COVERED	Bending Stretching Jumping	Bending Stretching Catching Twisting Turning	Bending Stretching Balancing	Bending Stretching Balancing	Bending Stretching Balancing Twisting Turning	Running Dodging Catching
UNIT TWO MOVE OBJECTIVE	To run across the hall without getting tagged.	To move around negotiating space.	To move in different directions responding to instructions.	To move around safely and follow instructions.	To move in different ways.	To move safely in different directions.
FUNDAMENTAL MOVEMENT SKILL COVERED	Running Dodging Leaping	Starting Stopping Bouncing Balancing	Twisting Turning Running Gallop	Running Bending Stretching Bouncing	Balancing Bending Stretching Gallop	Running Rolling Twisting Turning
UNIT TWO COORDINATE OBJECTIVE	To use hand eye coordination to pop the bubbles.	To throw an object towards a target.	To throw a ball to hit a target.	To throw a ball to hit a target.	To throw an object at a target.	To throw an object into a target.
FUNDAMENTAL MOVEMENT SKILL COVERED	Catching Striking Kicking	Throwing Catching Ball Rolling	Throwing Catching Ball rolling	Throwing Catching Kicking	Dodging Throwing Ball Rolling	Throwing Ball Rolling Catching
UNIT TWO COMPETE OBJECTIVE	To throw an object towards a target to score points for their team.	To run and jump over hurdles.	To run quickly in a straight line.	To work as a team to collect treasure.	To work as a team to collect food.	To run quickly to avoid getting tagged.
FUNDAMENTAL MOVEMENT SKILL COVERED	Bouncing Throwing Dodging	Running Jumping Rolling	Running Jumping Twisting Turning	Running Jumping Twisting Turning	Running Jumping Twisting Turning	Jumping Hopping Bending Stretching