

PSHE Vision – St Oswald's RC Primary Accrington

Our vision and purpose at St Oswald's RC Primary School is that PSHE (Personal, Social, Health Education) is central to all aspects of pupil learning within school; both in the classroom and beyond where every pupil is helped to do their best to succeed in a place of love, peace and safety, following the teachings of Jesus.

The PSHE curriculum follows the PSHE Association in Autumn and Spring terms and Ten Ten Life to the Full guidance in Summer term. The curriculum is adapted to meet individual pupil needs. It takes a spiral approach over a 2 year cycle, gradually revisiting topics at a deeper level at each key stage or year group, whilst rehearsing, emphasising and embedding the essential skills and attributes young people need to manage their lives, both now and in the future.

Through the PSHE curriculum, we aim to develop pupils' understanding of the world and of personal, social, health, emotional and citizenship concepts and relevant vocabulary, provide pupils with a relevant, age appropriate and broad curriculum, understand issues relating to their own health, personal care, sexual development and relationships, enable pupils to make choices, provide pupils with strategies to maintain personal wellbeing, promote resilience and equip pupils with skills to keep themselves and others safe, promote an atmosphere celebrating equality and diversity, enable learners to form appropriate relationships and give them a sense of dignity and respect for each other, develop personal responsibility, self-confidence and assertiveness, empower learners so they have more control over their own life and to enhance their self-esteem.

At St Oswald's, we '*promote the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs.*' – (The Department for Education). Our school actively promotes British values inside and outside of the curriculum.

