

CLASS SEVEN CYCLE A

MODULE ONE – CREATED AND LOVED BY GOD

UNIT 1: RELIGIOUS UNDERSTANDING

Story Sessions : Calming the Storm

UNIT 2: ME, MY BODY AND MY HEALTH

Session 1: Gifts and Talents

Session 2: Girls' bodies

Session 3: Boys' bodies

Session 4: Spots and sleep

UNIT 3: EMOTIONAL WELL-BEING

Session 1: Body image

Session 2: Peculiar feelings

Session 3: Emotional changes

Session 4: Seeing stuff online

UNIT 4: LIFE CYCLES

Session 1: Making Babies (Science Focus)

Session 2: Menstruation

MODULE THREE: CREATED TO LIVE IN COMMUNITY

UNIT 1: RELIGIOUS UNDERSTANDING

Session 1: The Trinity

Session 2: Catholic Social Teaching

UNIT 2: LIVING IN THE WIDER WORLD

Session 1: Reaching out

CLASS SEVEN CYCLE B

MODULE TWO: CREATED TO LOVE OTHERS

UNIT 1: RELIGIOUS UNDERSTANDING

Session 1: Is God calling you?

UNIT 2: PERSONAL RELATIONSHIPS

Session 1: Under Pressure

Session 2: Do you want a piece of cake?

Session 3: Self-Talk

UNIT 3: KEEPING SAFE

Session 1: Sharing Isn't Always Caring

Session 2: Cyberbullying

Session 3: Types of abuse

Session 4: Impacted lifestyles

Session 5: Making good choices

MODULE THREE: CREATED TO LIVE IN COMMUNITY

UNIT 1: RELIGIOUS UNDERSTANDING

Session 1: The Trinity

Session 2: Catholic Social Teaching

UNIT 2: LIVING IN THE WIDER WORLD

Session 1: Reaching out

