

WEEK ONE Week Commencing: 30th October, 20th November, 11th December 1st & 22nd January, 12th February, 4th & 25th March 15th April, 6th May	F+NM AW2023-24	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
	Traditional Main Course	Vegetarian Sausages & Gravy with Creamed Potatoes & Mixed Vegetable Medley (v)	Homemade Quorn Tikka Curry with Mixed Rice & Naan Bread (v)	Roast Quorn Fillet or Vegetarian Meatballs with Roast Potatoes, Seasonal Vegetables & Gravy (v)	Lancashire Cheese & Potato Pie with Broccoli Florets or Baked Beans (v)	Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips Garden Peas & Tomato Ketchup
	Pizza & Pasta	Tomato & Mascarpone Pasta with Homemade Crusty Bread & Salad Selection (v)	Tondo Pizza Panini with Potato Wedges & Sweetcorn (v)	Mac 'n' Cheese Bake with Homemade Crusty Bread & Garden Peas (v)	Pasta Neapolitan Italian Tomato & Herb Sauce with Homemade Crusty Bread & Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	Jacket Potato	Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Tuna Mayo & Freshly Prepared Salad Selection	Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)
	Dessert	Fruit Crumble & Custard or Fruit Yoghurt with Fruit Selection & Milk	Mini Lemon Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Raspberry Bun or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Chocolate Brownie or Fruit Yoghurt with Fruit Selection & Milk
WEEK TWO Week Commencing: 16th October, 6th & 27th November, 18th December 8th & 29th January, 19th February, 11th March 1st & 22nd April, 13th May		MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
	Traditional Main Course	Vegetarian Sausage Roll & Tomato Ketchup with Potato Wedges Garden Peas & Sweetcorn or Baked Beans (v)	Crispy Crumb Vegetable Burger in a Bun with Tomato Ketchup Paprika Wedges & Mixed Vegetable Medley (v)	Roast Quorn Fillet or Vegetarian Meatballs with Roast Potatoes, Seasonal Vegetables & Gravy (v)	Quorn & Vegetable Hot Pot with Crispy Sliced Potato Crust & Mixed Vegetable Medley (v)	Harry Ramsdens Crispy Battered Fish or Vegetable Fingers with Oven Baked Chips Garden Peas & Tomato Ketchup
	Pizza & Pasta	Mac 'n' Cheese Bake with Homemade Crusty Bread & Garden Peas (v)	Homemade Calzone Pizza with Rainbow Vegetable Pasta Salad (v)	Pasta Arrabiatta Mild Chilli, Tomato & Sweet Pepper Sauce with Homemade Crusty Bread & Salad Selection (v)	Tomato Pasta Bake with Homemade Crusty Bread & Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	Jacket Potato	Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Tuna Mayo & Freshly Prepared Salad Selection	Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)
	Dessert	Marble Sponge & Chocolate Sauce or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Oaty Flapjack or Fruit Yoghurt with Fruit Selection & Milk	Mini Chocolate Shortbread or Fruit Yoghurt with Fruit Wedges & Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk
WEEK THREE Week Commencing: 23rd October, 13th November, 4th & 25th December 15th January, 5th & 26th February, 18th March 8th & 29th April, 20th May		MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
	Traditional Main Course	Swedish Style Vegetarian Meatballs with Paprika Potatoes Garden Peas & Sweetcorn (v)	Golden Crumb Salmon Fillet Fingers or Vegetable Fingers with Herby Potatoes & Mixed Vegetable Medley	Roast Quorn Fillet or Vegetarian Meatballs with Roast Potatoes, Seasonal Vegetables & Gravy (v)	Mild Quorn & Baked Bean Chilli with Mixed Rice & Broccoli Florets (v)	Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips Garden Peas & Tomato Ketchup
	Pizza & Pasta	Tomato & Mascarpone Pasta with Homemade Crusty Bread & Salad Selection (v)	Cheese & Tomato Whirl with Potato Wedges & Baked Beans (v)	Pasta Neapolitan Italian Tomato & Herb Sauce with Homemade Crusty Bread & Salad Selection (v)	Mac 'n' Cheese Bake with Homemade Crusty Bread & Garden Peas (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	Jacket Potato	Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Tuna Mayo & Freshly Prepared Salad Selection	Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Tuna Mayo & Freshly Prepared Salad Selection
	Dessert	Chocolate Crunch & Custard or Fruit Yoghurt with Fruit Selection & Milk	Mini Lemon Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Paris Slice or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Iced Fairy Cake or Fruit Yoghurt with Fruit Selection & Milk